

vyvo™



SUGAR BUSTER™



5 AMINOS!

**KILL THE SUGAR  
WITH THE 5 AMINOS!**





**New Easy Melt formula**  
62 Sachets pack (31 day supply).




vyvo™

Be smart and take  
**Sugar Buster™**  
with you to your next  
meal and enjoy your  
best lunch date  
ever!



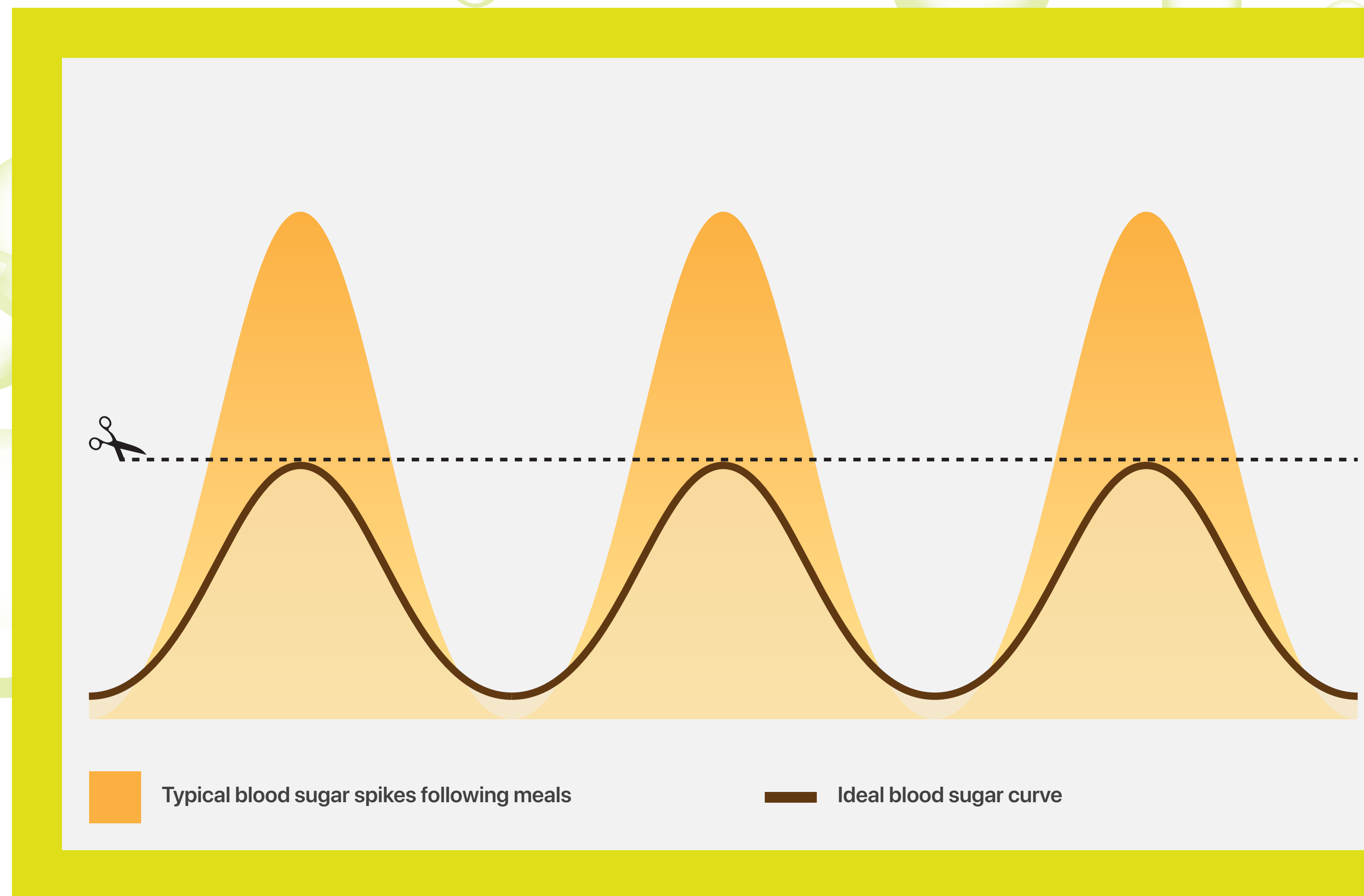




**Take a  
SUGAR BUSTER™  
before your meal  
to help avoid  
the slump and stay  
energized all day.**



**Sugar Buster™**  
helps reduce  
the blood sugar  
spike after a meal  
by, on average,  
**25%-35%**





# BEGIN HEALTHIER GLUCOSE MANAGEMENT TODAY!

JOIN the  
90 day challenge to  
**Reduce your A1c level  
by 25-35%**







It will not add calories, nor sweeteners to your diet.



The blend of 5 amino acids, biotin and chromium will help your body process the carbohydrates you choose to consume more efficiently.



Sugar Buster™ balances your blood sugar curve after eating and helps you avoid both slumps and sugar cravings.



Chromium picolinate increases the loss of fat tissue while lean body mass is preserved.



The 5 essential amino acids support digestion, wound healing, immune functions, and detoxification. Biotin is an important component of enzymes in the body that breaks down fats and carbohydrates.

# 5

## Reasons why Sugar Buster™ supports your diet



**Take 1 sachet,  
a few minutes  
before or during  
each meal for the  
best effect.**

**Sugar Buster is a sublingual supplement.**

Studies have shown that supplements that are taken orally pass through your digestive system and are not absorbed. By using sublingual supplements, it boosts absorption into your system, and the nutrients are then absorbed via the salivary glands directly into your system, bypassing the need for your digestive system.

**Your body will have absorbed up to 99% of the nutrients you have taken on, and there are NO adverse stomach reactions!**





**Sugar Buster™ is a unique blend of five amino acids, biotin, and chromium.**

#### **SUPPLEMENT FACTS**

**SmartLife Sugar Buster Dietary Supplement Product**

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**Ingredients: 1 Sachet (4.5 g) contains**

**L- Leucine 150 mg.**

**L- Threonine 100 mg.**

**L- Lysine 100 mg.**

**L- Isoleucine 50 mg.**

**L- Valine 50 mg.**

**Biotin 2 mg.**

**Chromium Picolinate 0.035 mg.**

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**Sweetener (INS : 953), Acidity Regulator**

**(INS300, INS:500ii), Lemon Flavor**

**Direction : Take at least 1 sachet a few minutes before or during each meal.**

**People with health conditions, please consult with your doctor before taking this product.**



**It comes in lemon flavor and can be paired perfectly with any food.  
It is unsweetened, all-natural, vegan and non-GMO.**







**Sugar Buster™  
is an excellent  
investment in your  
health and  
well-being**

This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.



# Sugar Buster™ White Paper



## Sugar Buster dietary supplement can endorse healthy lifestyle change.

### 1. SUMMARY

The lifestyle factors can help to decrease the risk of diseases related to high sugar and carbohydrates consumption, like diabetes, obesity, heart problems, but to correctly manage the diseases progression, but too many people are not able to conduct a healthy lifestyle for reason connected to the food availability, to the working times or can develop diseases related to hereditary factors and condition. Worldwide researches have shown a clear connection between high intake of carbohydrates and the risk of developing obesity, conditions, type 2 diabetes or recurrent high blood glucose spikes, and cardiovascular diseases. This generates the need to follow new approaches making the changes easier for people in the risk zone and help them to reach a healthier lifestyle. So scientists have shown that the intake of a mixture of specific amino acids and chromium before a meal (rich in carbohydrates), can reduce the blood glucose spike by 25-28%, reduce the sugar absorption and generate preventive effects on obesity and overweight subjects. The findings have been further developed and included in a clinically tested dietary supplement.

### 2. CARBOHYDRATES – KNOWLEDGE AND CONSEQUENCES

Carbohydrates are formally defined as containing carbon, hydrogen, and oxygen in the ratio of 1:2:1. In practice, under various conditions, some compounds that can be digested or metabolically transformed, primarily into glucose, or their intermediates (e.g., sorbitol, xylitol, etc.), including some sugar alcohols (e.g., sorbitol, xylitol, etc.), are classified as carbohydrates. Some of them are essential for various biological functions, but many of them are not. Carbohydrates are the only macromolecules that have been shown to be essential for life. Although many organisms have evolved with carbohydrates, the only macromolecules that have evolved without carbohydrates are those that are not essential for life. Carbohydrates are not necessary for survival, but they are essential for optimal health, longevity, and sustainability.

Carbohydrates are the main source of energy in the diet (55-75%) for most people. Carbohydrates, sugars, and some fruits are rich in complex carbohydrates. Generally, they need to be cooked before they are fully digestible. Sugars usually increase the digestibility and energy density of the diet and total sugar intake is often inversely related to total fat intake. Moderate intake of sugar are compatible with a varied and nutritious diet.

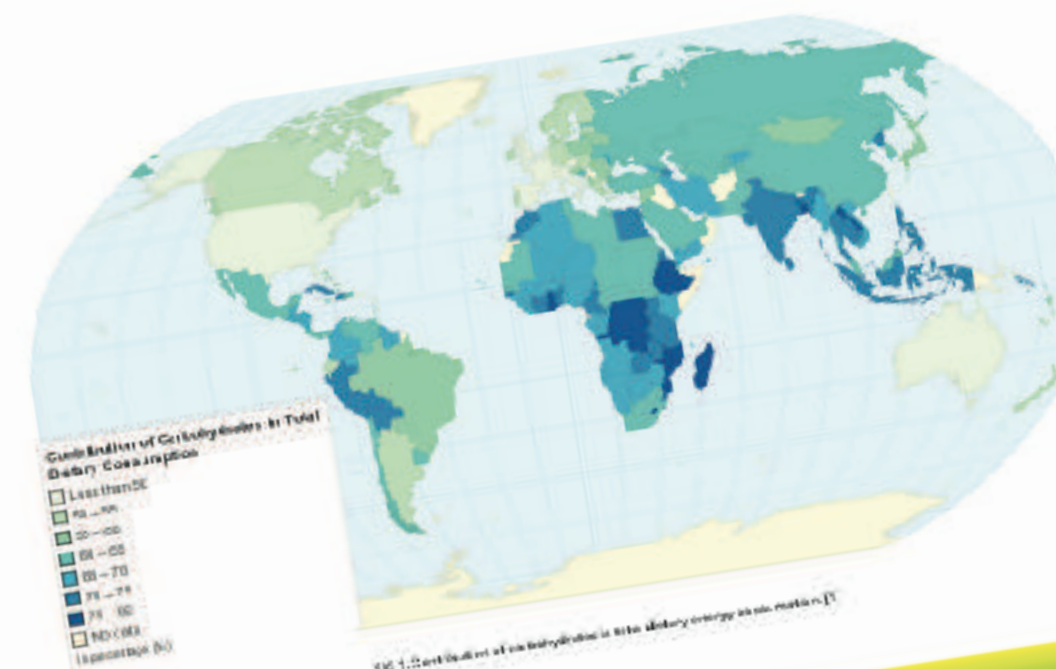


FIG 1. Global distribution of carbohydrates in the diet. Dietary energy as a percentage of total energy intake.



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MAKING  
LIFE WONDERFUL